



Report of: Leeds Future in Mind Programme Board

Report to: Leeds Health and Wellbeing Board

Date: 29th April 2021

Subject: 2021-26 Future in Mind: Leeds

Are specific geographical areas affected? If relevant, name(s) of area(s):	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Is the decision eligible for call-In?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information? If relevant, access to information procedure rule number: Appendix number:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Summary of main issues

The refresh of the Future in Mind: Leeds Strategy has been achieved through the strength in our partnership in the city and our commitment to work together across health, education, social care and the third sector. Partners have over the last five years come together to support and improve the mental health and wellbeing of infants, children and young people creating some excellent resources and developed new and essential services. These have all been developed and delivered in co-production with children, families and professionals.

Despite these really positive developments there is much more to do. There is a known national historical backdrop of poor investment into children's mental health services and Leeds is no different in this. Coupled with a national and local picture of increasing demand and the impact of Covid-19 on our children and young people's mental health and wellbeing, this programme is a priority for the city.

As we move forward with this refreshed strategy, we need to continue to build on the strong foundation we have created; we need to build more capacity and more effectively join up the service offer across the system. The strategy highlights 3 key areas requiring a specific focus over the next 5 years:

- Strengthening young people's experience of transition into adulthood, ensuring they have the support they need.
- Strengthening and developing the city's response to children and young people who have experienced trauma.
- Having a real commitment to focus efforts on reducing health inequalities

The Leeds All Age Mental Health Strategy (2020-25) will greatly assist in taking forward these key areas as it provides the opportunity to make further progress collaboratively taking a life course approach and recognised the intergenerational aspect of trauma and the importance of 'Think Family, Work Family'.

Recommendations

The Health and Wellbeing Board is asked to:

- Approve the 2021–26 Future in Mind: Leeds Strategy

1. Purpose of this report

- 1.1 This report presents to the Health and Well-being Board the 2021–26 Future in Mind: Leeds strategy. This is the plan for Leeds that explains how people are working together to improve mental health and emotional for young people.

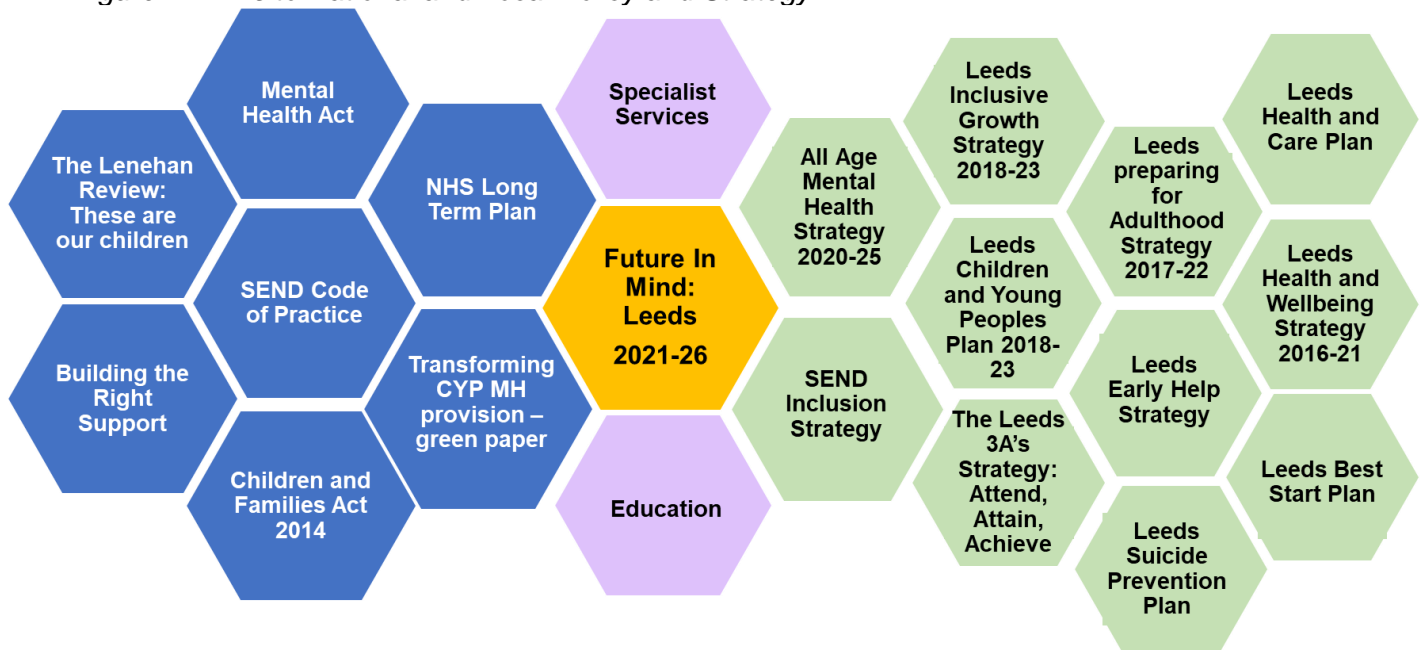
2. Background information

- 2.1 In October 2020, the Health and Well-being Board was involved in ensuring the refresh of the Future in Mind: Leeds strategy drove improvement in infant, children and young people's outcomes and a reduction in health inequalities.
- 2.2 The Board input into the draft priorities proposed which had been developed from local data and the insight of children, young people and families (see Appendix 2).
- 2.3 The Health and Wellbeing Board members listened to the experience of parents and a young person who had accessed mental health services in Leeds. This contributed to the discussion and developed a strategy that recognises the diversity in the city and the focus on how we work together to improve experience, access and outcomes for children and young people and critically to address health inequalities.
- 2.4 The developments were set within the local, regional and national context.

3. Main issues

- 3.1 Future in Mind: Leeds is an integrated strategy and the delivery of it takes place within a whole system approach and as such there are strong links and overlaps with other strategies in Leeds (see green tiles in Figure 1: below)

Figure 1: Links to National and Local Policy and Strategy



3.2 The All Age Mental Health Strategy (AAMHS) takes a life course approach that creates the opportunity to effectively join the mental health and wellbeing of the whole population. Future in Mind: Leeds is the key strategic plan to deliver the 2nd passion of the AAMHS (2020-25):

- Reduce Mental Health Inequalities
- Improve Children and Young People's Mental Health
- Improve the flexibility, integration and compassionate response of services

3.3 In addition, two of the 8 priorities that sit underneath the 3 passions are directly related to the Future in Mind: Leeds strategy's priorities. These are the ones that require dual leadership and commitment (Transition and Trauma).

3.4 The Future in Mind programme board worked to identify key priorities for the strategy, which were informed by the data as well as various consultation and feedback mechanisms within the local and national policy context.

3.5 The Seven priorities were identified as set out the diagram below and are included in the final strategy attached at Appendix 1. In addition to these seven priority areas, there are six key underlying principles on which the work carried out must be founded.

Impact of COVID

KEY PRIORITY OUTCOMES	PREVENTION CYP, their families, communities and schools will be supported to promote and strengthen Mental Health and Wellbeing First 1001 days Promote resilience Parental Confidence Role of Schools Reduction of Stigma Role of Communities Peer Support	SUPPORT CYP will be supported as early as possible, by the right person as close to their home or school as possible. Primary Care Access Left Shift Early Help Vulnerable groups Crisis Services to meet need Clear offer	TRANSITION Transition between services and settings will be joined up and support CYP's SEMH needs. Improved support Joined up approach Reduced waiting times Flexibility Adult services are YP friendly Role of parents	INCLUSION Our education, health and social care systems are inclusive and provide high quality support to the most vulnerable. Mainstream Specialist	IMPACT OF TRAUMA We will recognise the impact adverse childhood experience can have on mental health across the life course and will focus on establishing a clear offer and response to childhood trauma.	PARENT CARER AND FAMILY SUPPORT Parents, carers and siblings will feel empowered and supported in their role and part of the team. Think Family Improved communication with parents/carers Support parents, carers and siblings as part of the team supporting the CYP.	HEALTH INEQUALITIES We will recognise and reduce the impact of health inequalities on CYP's access, experience and outcomes. BAME Focus (Yr 1) Protected Groups Structural inequality Poverty Vulnerable groups
	All Age Link	Priority 1		Priority 4	Priority 3	Priority 5	

Key Underpinning Principles	A skilled and knowledgeable workforce will deliver support within health, education and social care. They will be supported by high quality training & development, supervision and resources. They will work within a culture of high support high challenge to achieve positive outcomes with CYP.
	Data, quality and safety – we will ensure that services are well led, and make evidence based decisions. We will try new ways of working.
	CYP and Families Voice will be central to all that we do, and CYP and their families will have a say in their care
	Innovation and Digital Technology - The use of digital technology will be maximised whilst reducing the impact on those who are digitally excluded.
	We will take a systemic approach – focus on context/systems and structural disadvantage including the impact of poverty
	We will take a life course approach as part of the All Age Mental Health Strategy for Leeds

4. Health and Wellbeing Board governance

4.1 Consultation, engagement and hearing the citizens voice

- 4.1.1 As detailed within the strategy (page 21) there will be ongoing engagement of children, young people, families and key clinicians and partners in the city. The MindMate Ambassadors were part of the working group refreshing the strategy and Common Room carried out a wide range of engagement activities (often working with YouthWatch) to inform the refreshed strategy
- 4.1.2 The Future in Mind Programme Board will continue to ensure co-production continues throughout the delivery of the strategy

4.2 Equality and diversity / cohesion and integration

- 4.2.1 Several key groups of children and young people have been identified as being at risk of experiencing poorer outcomes than the rest of the population. Whilst all of the priorities will ensure that these issues are addressed within the system developments, the identification of reducing health inequalities as a distinct priority area within the strategy will drive the particular focus on this.

4.3 Resources and value for money

- 4.3.1 In 2020/21, the total Children and Young People's Mental Health Spend by the CCG is forecast to be £10.7M. Circa £3.2 million of this is spent on developments linked to the current Future in mind Strategy.
- 4.3.2 National funding of £140k has been allocated to develop a regional crisis line for West Yorkshire and the allocation for the mental health support teams in further education settings increased to £502k
- 4.3.3 We have been informed by NHSE that in 21/22 the allocation is £736k to fund a fully trained team. From 2022/23 onwards the CCG is expected to continue to fund the full cost of around £800k per annum from our baseline.

4.4 Legal Implications, access to information and call in

- 4.4.1 There is no legal, access to information and call-in implications from this report.

4.5 Risk management

- 4.5.1 The Future in Mind Programme Board are responsible for owning any risks identified through the programme planning process, and to work collaboratively to develop proposals for mitigation and resolution.

5. Conclusions

- 5.1 The Future in Mind: Leeds strategy is a great opportunity to consolidate ambitions to ensure we maximise our contribution to the Leeds Health and Wellbeing Strategy, particularly around Priority 1 – A Child Friendly City and the Best Start in Life, Priority 8 – A stronger focus on prevention, and Priority 10 – Promote mental and physical health equally.

5.2 The priorities are informed by local data and what children, young people and their families are telling us is important to them and recognises the need for a particular focus on reducing health inequalities.

6. Recommendations

6.1 The Health and Wellbeing Board is asked to:

- Approve the 2021-26 Future in Mind: Leeds Strategy

7. Background documents

7.1 Leeds All Age Mental Health Strategy (2020-25)

7.2 Future in Mind Health Needs Assessment 2016

7.3 Leeds in Mind Rapid Health Needs Assessment 16-24 year olds 2018.

7.4 Social, Emotional and Mental Health Needs Assessment: Children and young people from Black, Asian and Ethnic Minority Communities in Leeds 2019

7.5 Future in Mind: Leeds 2016-2020

7.6 Young Women's Mental Health Outcome Based Accountability Report (2020)

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How does this help reduce health inequalities in Leeds?

A key priority in the Future in Mind: Leeds strategy is to reduce health inequalities – this is a priority in itself as well as an underlying key principle to be applied to all other priorities. This will take into account a need for proportional universalism – targeting resource to the communities that need it most.

How does this help create a high quality health and care system?

The strategy includes the further development of services in response to need and demand, driving down waiting times and increasing access.

How does this help to have a financially sustainable health and care system?

Addressing problems early in the life of the child and the problem helps to reduce costs further on in life and reduces the impact on adult’s services later in life. Proportional universalism e.g. targeting resource to where it is needed first will improve outcomes and long-term costs.

Future challenges or opportunities

There is a clear opportunity to work together across the partnership, with local communities, particularly those with high need to build on existing partnerships across the system.

The impact of COVID and increase in demand for children and young people’s mental health services will continue to pose a challenge.

Priorities of the Leeds Health and Wellbeing Strategy 2016-21	
A Child Friendly City and the best start in life	✓
An Age Friendly City where people age well	
Strong, engaged and well-connected communities	✓
Housing and the environment enable all people of Leeds to be healthy	
A strong economy with quality, local jobs	
Get more people, more physically active, more often	
Maximise the benefits of information and technology	✓
A stronger focus on prevention	✓
Support self-care, with more people managing their own conditions	
Promote mental and physical health equally	✓
A valued, well trained and supported workforce	✓
The best care, in the right place, at the right time	✓